

SPA PACKAGE

Nurtured Harmony

90 minutes IDR 350.000++

Relax as you enjoy our Balinese massage followed with a refresher Biokos facial.

Spirit of Bali

90 minutes IDR 350.000++

Discover inner peace with your choice of body scrub to exfoliate and enliven the skin followed by our Adella signature massage to truly relax and restore harmony.

It's All About Me!

120 minutes IDR 400.000++

What a luxury and indulgence! Your treatment starts with a special Foot wash and followed with your choices of body scrub. Your treatment continues with 60' signature massage then ending your experience with shorting touch in your face by Biokos products.

Couples Retreat

150 minutes IDR 800.000++

In the serenity your private Adella couples room , relax and enjoy the ultimate romantic retreat. Starting with luxury foot wash , followed by a choices of body scrub and after showering your retreat will continue with 60' Adella signature massage full body and finish with our full facial treatment.

Red Wine Ritual (for a couple)

120 minutes IDR 950.000++

Begin with a ritual foot wash to relax and prepare your body for a balancing massage. The experience will be complete during your treatment by dripped the wine in to your body by gentle movement as well as will ending by enjoying the bath tub with a glass of wine.

All prices are subject to 21% government tax and service charges



AdellaSpa

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AdellaSpa



A PLACE TO LOVE
YOURSELF

MADE FOR HIM AND HER

Body Scrub

45 minutes *IDR 150.000++*

Body scrub is a therapeutic exfoliating treatment for the skin leaving the entire body glowing and healthy. A choice of scrub is available to suit your mood and skin type.

MASSAGE TIME

The best way to create a memorable holiday with these full-body massages. Begin with Balinese footbath ritual and followed by an energize massage to be complete your experience.

Adella Signature Massage

60 minutes *IDR 250.000++*

90 minutes *IDR 300.000++*

This Massage combines stretching, long strokes, skin rolling, palm and pressure techniques to relieve tension, improve blood circulation, ease stress and calm the mind.

Deep Tissue Massage

60 minutes *IDR 250.000++*

90 minutes *IDR 300.000++*

Type of massage therapy that focuses on realigning deeper layers of muscles and Connective tissue. It is especially helpful for chronic aches and pains and contracted areas such as stiff neck and upper back, low back pain, leg muscle tightness, and sore shoulders.

Warm Stone Massage

90 minutes *IDR 350.000++*

Experience the incredible sensation of this unique Massage using heated Balinese basalt stones that are placed at key points on the body with therapeutic essential oil to give you a deeper relaxation.



Mother - to-be Massage

60 minutes *IDR 200.000++*

This massage especially designed for mothers-to-be, aids relaxation, benefits circulation and provides comfort during this exciting time of growth and change.

Foot Reflexology

60 minutes *IDR 200.000++*

An ancient Chinese healing therapy that is blissful as it is beneficial. This health enhancing foot therapy focuses on the feet's reflex points to restore the natural flow of body energy, and so improve the body's health. Stimulating these points will increase overall circulation and restore balance. This ancient healing art brings soothing relief in these modern times. Recover your physical and mental harmony. This treatment is performed in our reflexology lounge chairs.

Kids Massage Intro (6 – 14 years)

30 minutes *IDR 100.000++*

Using simplified Balinese massage techniques this light pressure massage supports children's muscles whilst evoking relaxation and calmness. A great introduction to the benefits and life time enjoyment of massage. Please note that children must be accompanied at all times by a parent or guardian.

Sole to Soul Foot Massage

30 minutes *IDR 100.000++*

This treatment will leave you walking on air and with a renewed zest for life! This treatment focuses solely on the feet and includes a foot soak, foot scrub, massage and spritz! Brilliant for sore and swollen feet!

FACE TIME

Adella Signature Facial

60 minutes *IDR 250.000++*

Using Biokos Products from Indonesia, your facial includes cleansing, toning, a facial scrub, a facial Massage, Mask and nourishing moisturizer application to your face. You will feel refreshed, and your skin refined.

Adella Refresh Facial

45 minutes *IDR 200.000++*

Start with facial cleansing, toning and exfoliating followed by traditional steam before a facial massage after which an application of cream will soothe and moisturize your skin.

MANICURE AND PEDICURE SERVICES

Adella Manicure

60 minutes *IDR 200.000++*

An indulgent spa manicure to nourish and hydrate hands and cuticles. This service includes hand and arm skin exfoliation and a relaxing hand and arm massage using specialized products leaving you with beautifully soft hands. The treatment ends with the application of OPI Polish of your choice.

Adella Pedicure

60 minutes *IDR 200.000++*

An indulgent spa pedicure using specialized products, including a foot exfoliation and massage. Your feet will feel softer, smoother and polished to perfection from your choice from our range of OPI polishes!

Polish change Manicure or Pedicure

30 minutes *IDR 100.000++*

Tidy and shape followed by a new polish coat.

